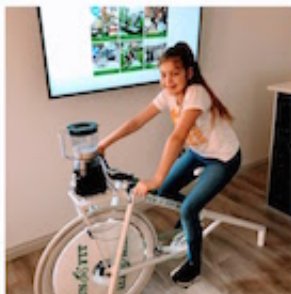


FUN FIT BIKE

For Charities

Increase Profile, Engagement, Supporters, and Revenue



Unique virtual cycle activity programmes for every charitable audience and occasion.

funandfitbike.com | info@funandfitbike.com |

Tel 07770 926895

The Fun and Fit Bike is a guaranteed to increase your charity's profile, engagement, support - and revenue!

Designed and manufactured in the UK to the highest standards of comfort and safety, this static bike is the centrepiece of a unique suite of cycle activity programmes for every audience and occasion.

You can give stakeholders (including staff) the opportunity to:

Make pedal-powered smoothies, juices, ice-cream sundaes, mocktails, and even cocktails (in certain settings) using the bike's integrated blender

Enjoy Virtual Reality bike rides on some of the world's best cycles routes using the VR headset (great for people of all ages, including older people and those with disability).

Pedal-power their mobile phone with the bike's onboard charger - and have fun pedaling in groups to illuminate a multi-coloured light box.

Compete for prizes and medals in a fun Tour de France-style speed challenge.

Increase their awareness of the importance of health and wellbeing, particularly regular exercise, healthy diet, and mental health through a fun experiential learning session - includes measurement of calorie-burn rate, Body Mass Index (BMI) and Blood Pressure (optional).

Boost confidence, self-esteem, and resilience through a structured session of relaxed bike activities.

Improve literacy and numeracy skills (particularly in relation to desired impacts and outcomes for Curriculum For Excellence in schools) using activity calculation tests.

In addition to increasing your charity's profile and engagement with stakeholders, these programmes can generate additional donations from individuals and corporate partners (please ask about our assisted corporate partner programme).

The Fun and Fit Bike and activity programmes are available for hire or purchase.

Either way, we can deliver the programmes on your behalf, including customised versions, or provide you with ongoing training and support to deliver the programmes yourself.

Packages include:

- Fun and Fit Bike(s) - suitable for adults and children 7+
- Smoothies, juices, and drinks, including fresh fruits and other ingredients
- Biodegradable cups and straws
- Display stand, preparation counter, serving area, including ambient storage
- Full suite of activity programmes, including programme delivery manual.
- Your own branding on the Fun and Fit Bike (frame and wheels), display stand and preparation counter, drinks cups, napkins, as well as drinks named after your business /or industry sector

Please contact us to discuss your requirements and arrange a customised quotation.

Further information (including photo and video gallery) at funandfitbike.com

Contact

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Videos at our YouTube channel:

<https://www.youtube.com/channel/UCkahrpzd6Fn-W9gke11NRU4w>

NB. all content used in our health and wellbeing programmes is supplied by the NHS and World Health Organisation (WHO).

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